

[illegible][illegible]

1. Recorte o quadro e cole no espaço "Infinitas Possibilidades do seu Planner Mori



Controle de Calorias												
Lista de compras	Segunda Comida		🍷🍷🍷🍷🍷🍷🍷🍷 Calorias		Terça Comida		🍷🍷🍷🍷🍷🍷🍷🍷 Calorias		Quarta Comida		🍷🍷🍷🍷🍷🍷🍷🍷 Calorias	

[illegible]

1. Recorte o quadro e cole no espaço “Infinitas Possibilidades do seu PlannerMori



22:30	22:30	22:30	22:30
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